DS2



- 1. What is water activity (aw) and why is it important for food stability?
- 2. Why are fats and oils essential in our diet, and what role do they play in food texture?
- 3. Can you name some physical and chemical characteristics that drinking water should meet?
- 4. How does heat treatment affect the properties of milk and dairy products?
- 5. What are the main post-capture changes that occur in fish, and how can they be slowed down?
- 6. Explain the process of meat maturation and its effects on texture and flavor.
- 7. What are the main functional properties of eggs, and how are they used in cooking?
- 8. How do fruits and vegetables differ in terms of their nutritional content and culinary uses?
- 9. What role does ripening play in the development of flavor and texture in fruits?
- 10. How does lipid oxidation impact the quality of food products, and what methods are used to prevent it?