

# The Present Simple

## Swimming: My Favorite Sport

Swimming has been my *favorite* sport since I was very young. I learned to swim when I was just seven years old. Swimming is a very *popular* sport. Besides, it provides people with many *physical* and mental benefits.

There are some reasons why swimming is so popular. First, swimming is a sport for all age groups. Also, it is a *lifetime* activity. People can learn to swim as young as 4 or 5 years or as old as 50 or 60. All it takes is the right instruction and a desire to get into the pool. Second, swimming is very cheap. You don't have to spend much money on it. All you need is a swimming suit that makes you feel comfortable and *goggles* that keep the water out of your eyes. Even though you may have to buy a ticket for the swimming pool, you can probably still afford to go swimming anytime.

- Use the simple present tense to indicate:
  - 1. Routine actions
  - 2. Facts

Routine actions.	Facts
John brushes his teeth every morning.	Hawaii is in the Pacific Ocean
Carol usually drives to work.	Some birds fly south for the winter.
The teacher grades homework on Fridays.	Water consists of hydrogen and oxygen.

## 1) Common Mistakes with the simple present tense

### 1. Not using the -s form with singular subjects:

**Jack likes Chinese food** (Correct)

**Jack Like Chinese food** (Incorrect)

### 2. Using the simple present tense when another tense is required

Last night I watched television for two hours. (Correct)

Last night I watch television for two hours. (Incorrect)

## 2) I like to play VS I like to go

What do you like to do for fun?

### 1. I like to play ....

Baseball	Basketball
Football	Ping Pong
Hockey	Volleyball
Soccer	Golf
Cards	Chess

### 2. I like to go ....

biking	bowling
fishing	hiking
jogging	Scuba diving
skateboarding	skiing
surfing	swimming